Fabian van de Geest grew up in rural Hertfordshire where he attended the Purcell School, learning horn with Sue Dent. He later studied for an undergraduate degree at the Royal College of Music with Simon Rayner and Tim Jones. Awarded a First Class he went on to complete his Masters at the Guildhall School of Music and Drama with a Distinction where he studied with Richard Bissill and Alec Frank-Gemmill. While studying he also spent an Erasmus exchange with Radovan Vlatkovic at the Salzburg Mozarteum and was a member of the London Sinfonietta Academy.

With a busy freelance schedule Fabian regularly plays with some of the country's top orchestras including the London Symphony Orchestra, Orchestra of the Royal Opera House and City of Birmingham Symphony Orchestra with whom he has performed around the world. His recent engagements also include guest principal work with the London Philharmonic Orchestra, Scottish Chamber Orchestra and Aurora Orchestra. Outside of this Fabian enjoys exploring other aspects of the repertoire on various related instruments from Bach's B Minor Mass on Baroque Horn to traditional Swiss Alphorn. As a chamber musician he has performed at the Southwell Music Festival, Musique à Marsac, and Klosters Music Festival in various combinations of instruments.