Eilidh is a member of Royal Northern Sinfonia, and was previously a member of the BBC National Orchestra of Wales and Principal Flute of the Hong Kong Sinfonietta.

Eilidh enjoys a busy freelance career with other orchestras around the UK and abroad. Her most recent engagements include work as guest principal flute with the Hallé, BBC Philharmonic Orchestra, Scottish Chamber Orchestra, Opera North and the Royal Ballet Sinfonia. She has also worked with the Chamber Orchestra of Europe, London Symphony Orchestra, London Philharmonic Orchestra, the Philharmonia, BBC Symphony Orchestra and the Royal Liverpool Philharmonic Orchestra amongst others.

Eilidh also works as a soloist and chamber musician, appearing regularly in RNS chamber music concerts at Sage Gateshead and around the North East. Eilidh works with pianist Ian Buckle and cellist Nick Byrne with whom she gives regular recitals. She has also performed with Ensemble 10:10, Ensemble 360 and as a guest with the Liverpool String Quartet. Eilidh grew up in Chester, and then studied at Edinburgh University, where she gained a first-class honours degree in music. She went on to complete her postgraduate studies, with distinction, at the Royal College of Music in London, studying with Simon Channing, Jaime Martin, Celia Chambers, Paul Edmund Davies, Stewart McIlwham and Rachel Brown.