Amy joined Royal Northern Sinfonia in September 2017 having completed her MA at the Royal Academy of Music earlier that year. Whilst at the Academy Amy studied the flute with Michael Cox and Karen Jones and piccolo with Pat Morris. She graduated with distinction and a DipRAM award as well as prizes including the Woodwind Finalists' Prize and HRH Duchess of Gloucester Prize. Amy's studies were generously supported by the ABRSM and the Martin Musical Scholarship Fund.

Originally from Bromley, Amy began learning the flute at the Bromley Youth Music Trust where she first realised how much she enjoyed playing in orchestral and chamber music settings. In 2012 she moved to Manchester to study at the RNCM where she learned with Laura Jellicoe and Richard Davis. Outside of RNS Amy has recently appeared as guest principal flute with orchestras including the Philharmonia, London Philharmonic and BBC Philharmonic. She also enjoys working with her wind quintet, Moriarty Winds, current chamber music fellows at the Royal Academy of Music. In June 2017 Amy participated in Lars Vogt's chamber music festival 'Spannungen' in Heimbach, Germany. In her spare time Amy enjoys experimental baking and discovering new places around her new home in the North East.